

Harris Hip Score

Hip ID:

Study Hip: ☐ Left ☐ Right

Examination Date (MM/DD/YY): / /

Subject Initials:

Medical Record Number:

Interval: _____

Harris Hip Score

Pain (check one)

- ☐ None or ignores it (44)
- ☐ Slight, occasional, no compromise in activities (40)
- ☐ Mild pain, no effect on average activities, rarely moderate pain with unusual activity; may take aspirin (30)
- ☐ Moderate Pain, tolerable but makes concession to pain. Some limitation of ordinary activity or work. May require Occasional pain medication stronger than aspirin (20)
- ☐ Marked pain, serious limitation of activities (10)
- ☐ Totally disabled, crippled, pain in bed, bedridden (0)

Limp

- ☐ None (11)
- ☐ Slight (8)
- ☐ Moderate (5)
- ☐ Severe (0)

Support

- ☐ None (11)
- ☐ Cane for long walks (7)
- ☐ Cane most of time (5)
- ☐ One crutch (3)
- ☐ Two canes (2)
- ☐ Two crutches or not able to walk (0)

Distance Walked

- ☐ Unlimited (11)
- ☐ Six blocks (8)
- ☐ Two or three blocks (5)
- ☐ Indoors only (2)
- ☐ Bed and chair only (0)

Sitting

- ☐ Comfortably in ordinary chair for one hour (5)
- ☐ On a high chair for 30 minutes (3)
- ☐ Unable to sit comfortably in any chair (0)

Enter public transportation

- ☐ Yes (1)
- ☐ No (0)

Stairs

- ☐ Normally without using a railing (4)
- ☐ Normally using a railing (2)
- ☐ In any manner (1)
- ☐ Unable to do stairs (0)

Put on Shoes and Socks

- ☐ With ease (4)
- ☐ With difficulty (2)
- ☐ Unable (0)

Absence of Deformity (All yes = 4; Less than 4 =0)

- Less than 30° fixed flexion contracture ☐ Yes ☐ No
- Less than 10° fixed abduction ☐ Yes ☐ No
- Less than 10° fixed internal rotation in extension ☐ Yes ☐ No
- Limb length discrepancy less than 3.2 cm ☐ Yes ☐ No

Range of Motion (*indicates normal)

- Flexion (*140°) _____
- Abduction (*40°) _____
- Adduction (*40°) _____
- External Rotation (*40°) _____
- Internal Rotation (*40°) _____

Range of Motion Scale

- 211° - 300° (5) 61° - 100 (2)
- 161° - 210° (4) 31° - 60° (1)
- 101° - 160° (3) 0° - 30° (0)

Range of Motion Score _____

Total Harris Hip Score _____